

# ACT GOAL OF THE MONTH: COMMUNICATION

"Electric communication will never be a substitute for the face of someone who with their soul encourages another person to be brave and true." --Charles Dickens

"Communication leads to community, that is, to understanding, intimacy and mutual valuing." --Rollo May

"Words, once they are printed, have a life of their own." --Carol Burnett

"To communicate through silence is a link between the thoughts of man." --Marcel Marceau

How many ways can we communicate with people? In the 21<sup>st</sup> century, there are more ways to get our message across than ever before—social media, texting, E-mail, and Skype are just a few of the new ways to deliver our thoughts. But how often do we think about **what** is being said, as to **how** it's being said? It's really important to remember how our messages may be interpreted in our modern world. Think about the above quotes the next time you have something important to say. Sometimes our actions really do speak louder than words.

